

Jeremy Harlow
Teaching Experience

- 2016 Fall Mullica Hill, NJ Private Studio: Radiant Heart Qigong (6 hr ceu course)
- 2015 Spring Pebble Hill Interfaith Church: Introduction to Qigong (1 hr)
- 2015 Spring Cryo Spa: Taiji Jian Shen Fa (4 wk course)
- 2015 Spring Medicine in Balance: Ancient Style Eight Brocade Qigong (8 wk course)
- 2015 Winter Medicine in Balance: Taiji Qigong (6 wk course)
- 2015 Jan. Newtown Therapy and Wellness Center: Introduction to Qigong workshop (2 hr)
- 2014 Nov. School of Body Therapies: Shamanic Tibetan Reiki (15 hr ceu course)
- 2014 Oct. School of Body Therapies: Qigong for the Massage Therapist (6 hr ceu course)
- 2014 Oct. Princeton Wellness and Fitness: Taiji Jian Shen Fa Qigong workshop (2 hr)
- 2014 Fall Medicine in Balance: Taiji Jian Shen Fa Qigong and meditation (6 wk course)
- 2014 Fall Yoga Love Studio: Weekly on going Qigong classes (2x per week 1 hr classes)
- 2014 July Yoga Love Studio: Qigong workshop - Swimming Dragon Qigong (3 hr)
- 2014 July Yoga Love Studio: Qigong workshop - Taiji Jian Shen Fa Qigong (3 hr)
- 2013 June Home studio: Shamanic Tibetan Reiki (2 day - 16 hr workshop)
- 2012 Nov. Home studio: Neigong/Qigong workshop (4 hrs)
- 2012 Nov. Home studio: Neigong/Qigong workshop (4 hrs)
- 2012 August Tranquil Chi Center: Qigong for the Massage Professional (6 ceu course)
- 2012 May Home studio: Shamanic Tibetan Reiki (2 day - 16 hr workshop)
- 2012 April Recovery Support Services Program: Meditation presentation (1 hr)
- 2012 April Harbor City Unlimited: Meditation presentation (1 hr)
- 2012 April Yama Studio: Tao Meditation presentation (2.5 hr)
- 2012 March Institute for Advance Psychotherapy: Healing Trauma through Mind Body Integration (6 hr ceu course)
- 2012 March Home studio: Shamanic Qigong - Golden Eagle Awakens a Vision (4 hr. workshop)
- 2012 March John Hopkins: Psychiatric unit nurses - Qigong for the Healthcare Professional (6 ceu course)
- 2012 Spring Garrison Forest School for Girls: Taiji Quan (10 wk course 2x wk)
- 2012 Feb. St. Paul's School for Girls retreat - Pearl Stone: Taiji introduction (3 - 1/2hr presentations)
- 2012 Spring Westchester Community Center: Taiji Quan push hands and self defense class (1 hr class weekly)
- 2012 Spring Westchester Community Center: Taiji Class (1 hr weekly)
- 2011 Winter Garrison Forest School for Girls: Taiji Quan (10 wk course 2x wk)
- 2011 Oct. Garrison Forest School for Girls: Qigong presentation for faculty (1 hr)
- 2011 Fall Garrison Forest School for Girls: Taiji Quan (10 wk course 2x wk)
- 2011 Fall Home studio: Ancient Style Eight Brocades (6 wk course)
- 2011 All Westchester Community Center: Taiji Quan push hands and self defense class (1 hr class weekly)
- 2011 August Yama Studio: Tao Meditation presentation (2.5 hr)
- 2011 August Home studio: Dancing the Medicine Wheel (5 hr workshop)
- 2011 June Edin's Reiki Retreat: Shamanic Shape Shifting (2 hr workshop)

2011 June Blueberry Gardens: Taiji Qigong (3 hr workshop)

2011 Summer Westchester Community Center: Qigong class (1 hr class weekly)

2011 June Cometa Wellness Center Taiji Quan class (4 week program)

2011 May Cometa Wellness Center Jian Mei and Healing Sounds Qigong class (8 wk course)

2011 Mar. Home office: Shamanic Tibetan Reiki (3 day - 20 hr workshop)

2011 Feb. Baltimore County Dept. of Aging: Meditation introduction (1 hr. presentation)

2011 Feb. Baltimore County Dept. of Aging: Taiji Quan and Qigong introduction (1 hr. presentation)

2011 Jan. Integrated Health Centers: Ancient Style Eight Pieces of Brocade (8 wk course)

2011 Jan. Westchester Community Center: Medical Qigong - Jian Mei / Healing Sounds (8 wk course)

2011 All Westchester Community Center: Taiji Class (1 hr class weekly)

2010 Dec. MD Institute College of Art: Introduction to Qigong (1 hr. presentation)

2010 Dec. Westchester Community Center: Dreaming Bear Qigong (3 hr wk)

2010 Nov. Institute for Advance Psychotherapy: Mind Body Methods Affect Regulation (6 hr ceu course)

2010 Nov. University of Maryland School of Medicine: Presentation on Shamanism (2 hr)

2010 Nov. Integrative Health Centers: Taiji Qigongn (5 wk course)

2010 Nov. Westchester Community Center: Taiji Quan (5 wk course)

2010 Nov. Westchester Community Center: Taiji Qigong (5 wk course)

2010 Oct. Anne Arundel Community College: Qigong for the Healthcare Professional (6 ceu course)

2010 Oct. University of MD School of Social Work: Qigong Therapy (5 hr ceu course)

2010 Sept. Integrative Health Centers: Ancient Style Eight Pieces of Brocade (8 wk course)

2010 Sept. Westchester Community Center: Taiji Quan (8 wk course)

2010 Sept. Westchester Community Center: Golden Eagle Qigong Class (8 wk course)

2010 Sept. Carroll Community College: Qigong for the Healthcare Professional (6 ceu course)

2010 July Integrative Health Centers: Taiji Jlan Shan Fa & Tao Meditation workshop (3 hr)

2010 July Westchester Community Center: Dancing the Medicine Wheel - Golden Eagle Awakens a Vision Workshop (4 hr)

2010 June Yama Studio: Tao Meditation presentation (2 hr)

2010 Summer Westchester Community Center: Taiji Quan (8 wk course)

2010 Summer Westchester Community Center: Ancient Style Eight Pieces of Brocade (8 wk course)

2010 May Johns Hopkins Parkinson's Support Group: Qigong presentation (1 hr)

2010 April Ridgley Retreat: Taiji Qigong workshop (3 hr)

2010 April University of MD School of Social Work: Qigong Therapy (5 hr ceu course)

2010 Spring Ruscombe Mansion: Taiji Jlan Shan Fa & Tao Meditation (8 week course)

2010 Spring Westchester Community Center: Intermediate Taiji Quan (8 wk course)

2010 Spring Westchester Community Center: Taiji Jian Shan Fa & Tao Meditation (8 wk course)

2010 March Evolvewell Healing Arts Studio: Taiji Qigong workshop (3 hr)

2010 March Baltimore City Schools/Annual Social Workers Meeting; Qigong presentation (2 hr)

2010 Winter Ruscombe Mansion: Taiji Qigong (8 week course)

2010 Winter Westchester Community Center: Intermediate Taiji Quan (8 wk course)

2010 Winter Westchester Community Center: Taiji Qigong (8 wk course)

2010 Jan. Westchester Community Center: Taiji Quan class (on going - 1 hr class)

2009 Dec. Baltimore County Public Schools: Mindful Breathing and Relaxation (2 hr presentation)

2009 Nov. Tai Sophia: Qigong for the Healthcare Professional (6 hr ceu course)

2009 Nov. Care 1st (two, 4 hr basic meditation courses)

2009 Winter Baltimore Centre for Wellness: Yang Style Taiji Quan (8 week course)

2009 Winter Baltimore Centre for Wellness: Taiji Jain Shan Fa & Tao Meditation (8 week course)

2009 Sept. Baltimore Centre for Wellness: Shamanic Qigong workshop (4 hr)

2009 Fall Mt. Vernon Place: Eight Pieces of Brocade (4 - 1.5 hr classes)

2009 Fall Baltimore Centre for Wellness: Yang Style Taiji Quan (8 wk course)

2009 Fall Baltimore Centre for Wellness: Ancient Style Eight Brocades (8 wk class)

2009 July National Association of Social Workers: Qigong for the Healthcare Professional (3 ceu course)

2009 Summer Baltimore Centre for Wellness: Yang Style Taiji Quan (8 wk course)

2009 Summer Baltimore Centre for Wellness: Ancient Style Eight Brocades (8 wk class)

2009 June Tai Sophia: Qigong for the Healthcare Professional (6 hr ceu course)

2009 May With Bill Young: co-taught - 4 hr. shamanic medicine workshop

2009 May Maryland Treatment Addiction Center: 4x a week (4 weeks) Qigong class for residents

2009 Spring Metamorphosis Pilates Studio: Taiji Qigong (8 wk course)

2009 Spring Balt. Centre for Wellness: Yang Style Taiji Quan (8 wk course)

2009 Mar. Columbia Addiction Center: Qigong for Social Workers (6 hr ceu course)

2009 Jan. Metamorphosis & Pilates Studio: Eight Pieces of Brocade workshop (3 hr)

2009 Jan. Columbia Wellness Center: Taiji Qigong (10 wk course)

2008 Dec. Columbia Addiction Center: Qigong Therapy "Transforming the Addictive Mind" (weekly class)

2008 Nov. Carroll Community College: Qigong for the Healthcare Professional (6 ceu course)

2008 Nov. Your Prescription for Health: Jian Mei Qigong (4 wk course)

2008 Oct. Baltimore Center of Wellness: Taiji Qigong workshop (3 hr.)

2008 August Your Prescription for Health: Taiji Qigong - Meditation - Self Massage (8 wk course)

2008 August National Qigong Association Conference: Taiji Qigong Workshop (3 hr.)

2008 July Your Prescription for Health: Taiji Qigong - Meditation - Self Massage (8 wk course)

2008 April Holistic Massage Training Institute: Qigong for Health & Healing (6 ceu course)

2008 April Your Prescription for Health: Eight Pieces of Brocade - Meditation (8 wk course)

2008 April National Association of Social Workers: Qigong for the Healthcare Professional (3 ceu course)

2008 Mar. Villa Julie College (Wellness Center): Introduction to Meditation

2008 Mar. Blue Heron Wellness Center:: Eight Pieces of Brocade - Meditation - Self Massage (3 hr. workshop)

2008 Mar. National Security Agency: Eight Pieces of Brocade - Meditation (6 wk course)

2008 Feb. Your Prescription for Health: Eight Pieces of Brocade - Meditation (8 wk course)

2007 Nov. The Well: Qigong Workshop - Eight Pieces of Brocade (2 hr. workshop)

2007 Oct. University of Maryland School of Social Work: Qigong for the Professional (6 ceu course)

2007 Oct. National Association of Social Workers: Qigong for the Healthcare Professional (3 ceu course)

2007 Fall Baltimore Centre of Wellness: Eight Pieces of Brocade (8 wk course)

2007 Oct. Anne Arundel Community College: Qigong for the Healthcare Professional (6 ceu course)

2007 Sept. Holistic Massage Training Institute: Qigong for Health & Healing (6 ceu course)

2007 Sept. Johns Hopkins Medical Center: Introduction to Qigong class x2; Nurses on Oncology Unit (2 - 1 hr workshops)

2007 Spring U.S. National Security Agency: Qigong Class Eight Brocades (8 wk course)

2007 Spring Holistic Health Therapeutic Spa & Yoga: Qigong Eight Brocades (6 wk course x2)

2007 Winter Johns Hopkins Medical Center: Wellnet Program: Qigong Eight Brocades (8 wk course)

2007 Feb. Baltimore School of Massage: Qigong for Health and Healing (6 ceu course)

2007 Feb. MD Institute College of Art: Introduction to Qigong (1 hr. workshop)

2007 Feb. Villa Julie College (Wellness Center): Introduction to Meditation (1 hr. workshop)

2007 Jan. Johns Hopkins Medical Center: Introduction to Qigong class x2, Nurses on Oncology Unit (2, 1 hr. workshop)

2006-2009 U.S. Kuoshu Academy: Qigong Class weekly (ongoing)

2006 Summer U.S. National Security Agency: Taiji Quan and Qigong Class Eight Brocades (4 wk courses x2)

2006 Sum-Win Therapeutic Kneads: Qigong Class weekly (ongoing)

2006 Summer Woodburn School: Taiji Quan for adolescents

2005 July Tai Sophia / Karl Ardo: Taiji Ruler workshop (assistant instructor)

2005 Feb. Tai Sophia / Dee Weir, CMT, Dipl. ABT: Shiatsu workshop (assistant instructor)

2004 Nov. Bons Secour / Karl Ardo: Eight Pieces of Brocade workshop (assistant instructor)

2004 Sept Baltimore Center for Wellness / Karl Ardo: Taiji Ruler workshop (assistant instructor)

2004 July Tai Sophia / Dee Weir, CMT, Dipl. ABT: Shiatsu workshop (assistant instructor)

2004-2005 Tai Sophia: Spring & Fall, Taiji Quan (continuing education courses)

2003-2008 Shoemaker Center: Qigong, meditation, relaxation and nutrition classes for recovering addicts

2001-2005 Baltimore School of Massage Instructor: Qigong modality classes, Introduction to Energy classes. Assistant instructor: Swedish, deep tissue and myofascial massage. Assistant instructor: Introduction to Asian Theory and Bodywork

2001-2009 U.S. Kuoshu Academy: Taiji Quan Class 2-3 times a week (ongoing)

1996-1999 United Hap Ki Do: Assistant instructor (kids & adult classes)